



The Schroon Lake Theater Club

Here is your chance to get in on the ground floor of this exciting new club. SLTC is looking for individuals who would like to take part in a classic non-musical dramatic production. Actors, back stage crew, costumers, set builders, advertisers and many other roles need to be filled. If you are in high school or a Schroon Lake community member, you are invited to be part of the show.

Kick Off/Informational Meeting:

Jan. 21 at 6:30 PM in the school library.

Tentative Show Dates: June 12 & 13; July 9

To register or for more information, please contact Susan Repko at srepko@slwildcats.org.

Acrylic Painting

Join this popular class and create your own masterpiece, *Moonlit Snow*, following the instructor's step-by-step directions. All supplies provided. Minimum of 8 students needed – bring a friend.

When: Tuesday, February 4

Time: 6:30-8:30 PM

Instructor: Cindy McKenna

Where: Room 217

Fee: \$20 fee due one week before class.

Send to: Cindy McKenna,
1835 Hoffman Rd.
Schroon Lake, NY 12870



Friday Night at the Movies

Enjoy a recent movie on a big screen in the school's comfortable auditorium.

Time: 6:30 PM

Facilitators: Julie and Neil Chippendale

Audience: 18 years and older

Fee: None

Where: Auditorium

Schedule:

Jan. 10 Chappaquiddick

Jan. 17 Hunt for the Wilderpeople

Jan. 24 Dunkirk

Jan. 31 Loving

Feb. 7 In the Heart of the Sea

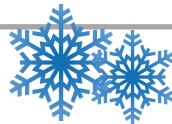
(and Cabin Fever dinner for Class of 2021)

Feb. 14 Life is Beautiful

Feb. 28 Contagion



Schroon Lake Central School
1125 Route 9
Schroon Lake, NY 12870
(518) 532-7164



Schroon Lake 
Central School

CONTINUING EDUCATION Winter 2020



REGISTRATION



Send an email with your name, phone number, and name of the class to Susan Repko at srepko@slwildcats.org.



Most sessions are free. For sessions requiring a fee, please pay the instructor as explained in the description.



If school is canceled or closes early, continuing education classes will be canceled and rescheduled.



More information: schroonschool.org/continuingeducation



Spinning 101 with Rock'N Cycle

Here's your chance to try out one of the most popular fitness programs in Schroon Lake—indoor cycling. These two special classes are designed for beginners. Enjoy comradery and great music while you work out. Exercise at own pace.

When: Mondays: January 13 and 20

Time: 6:30 -7:15 PM

Instructor: Kim Dumoulin, Certified Trainer

Fee: None

Where: Mountainside Bible Chapel gym bldg at 165 US Rt. 9. Classes are held upstairs.

Sign Up: 1) Email srepko@slwildcats.org
2) Sign up for a bike at Rock-N-Cycle.com



Using Your iPhone

Learn how to better navigate and use most functions on your iPhone without trying to figure it out yourself. The SLCS Business teacher will show you how to experience all the great things you can do with your iPhone.

When: **Beginning iPhone** on Wed., Feb. 5

Intermediate iPhone on Wed., Feb. 12

Time: 6:30 -7:45 PM

Instructor: Tom Wessling, SLCS Business teacher

Fee: None

Where: Room 207



Pickleball

Learn racket skills and how to play this popular game. Have a good cardio workout and fun at the same time. All levels are welcome.

When: Tues., Jan. 7, 14, 21, 28; Feb. 4, 11, 25

Time: 10:00 AM - 12:00 PM

Fee: None

Where: Mountainside Bible Chapel, gym bldg. at 165 US Rt. 9

Beginning Yoga

Explore yoga poses, basic breathing exercises, mediation, and relaxation to develop strength, stability, and flexibility. Classes are suitable for beginners or those with some yoga experience.

When: Wednesdays: Jan. 22, 29; Feb 5, 12, 26

Time: 6:30 - 7:30 PM

Instructor: Beth Melecci

Fee: \$5 to instructor at each class

Where: Auditorium

Conversation with an Adirondack Guide

Ever wonder what to do in the Adirondacks during the winter? Jaime Frasier will discuss activities like ice fishing, rabbit hunting with hounds, and snowshoeing and how a guide can help you better enjoy the outdoors year round.

When: Tues., Feb. 25

Time: 6:30 - 8:30 PM

Instructor: Jaime Frasier, owner, Adirondack Mountain and Stream Guiding Service

Fee: None

Where: Room 208

Trivia Night

Assemble your team of four competitors and come out for an evening of cerebral fun and entertainment. Responses are written and no public speaking is required. There are no time limits and no pressure! Enjoy refreshments.

Facilitator: Stephen Gratto

When: Sat., Feb. 8

Time: 6:30 - 8:30 PM

Where: SLCS Library

Fee: \$25 per team to benefit SLCS Freshman Class Sign-up online at srepko@slwildcats.org and pay at the door.

Adirondack Loons— from Ice-out to Freeze-up

Enjoy a discussion of loon natural history from the time the loons return in spring until they migrate south before the lakes freeze. See photos of courtship, territorial defense, nest building, incubation, chick hatching, chick rearing, flight, preening, and catching prey.

Presenter: Ellie George, Loon Field Technician with the ADK Center for Loon Conservation

When: Thurs., Feb. 13

Time: 6:30 - 8:30 PM

Where: Room 208

Fee: None