

## **HEALTH EDUCATION**

The district's health education curriculum is designed to accomplish three basic aims:

1. to develop wholesome health skills and practices;
2. to encourage sound attitudes towards good health; and
3. to acquire up-to-date and scientific health knowledge.

The Board of Education realizes that sex education is a controversial part of that curriculum. The Board directs the Superintendent of Schools to monitor the teaching of sex education so that age-appropriate materials are used and topics for instruction are chosen which are pertinent and worthwhile for the students receiving them.

In recognition of the religious tenets of certain families, the Board, subject to the regulations of the state Board of Regents, shall excuse a student from, required study of Health and Hygiene if such study is found to conflict with the religion of his/her parents. In these cases, school personnel still have the responsibility of determining appropriate alternative health education programs for these youngsters.

Ref: Education Law §§804; 804-a  
8NYCRR §§16.2; 135.3; 135.6

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