DRUG AND ALCOHOL ABUSE REGULATION

Primary Prevention

The intent of primary prevention programming is to prevent or delay the onset of alcohol and other substance use by students. The components of this programming shall include:

Primary prevention through early and regular health screening and inoculation programs done by the school doctor and nurse.

A sequential K-12 prevention curriculum that provides for:

Accurate and age-appropriate information about alcohol and other substances, including the physical, psychological and social consequences for their use/abuse.

Information about the relationship of alcohol and other substance use/abuse to other health-compromising behaviors or illnesses such as HIV and AIDS, teenage pregnancy, eating disorders, child abuse, suicide, and dropping out of school.

Helping students develop appropriate life skills to resist the use of alcohol and other substances and to promote healthy lifestyles.

Helping students identify personal risk factors for alcohol and other substance use/abuse and the steps needed for risk reduction.

Helping students develop a positive self-concept.

Helping students identify when they are under stress and how to manage or reduce such stress through non-chemical means.

Training school staff, parents and guardians to use the information and skills necessary to reinforce the components of this policy and regulation in the home, school and community.

Community education about the issues of alcohol and other substance use/abuse as a basis for providing a consistent message to district youth.

Positive alternatives to alcohol and other substance use/abuse, such as peer leadership programs, service projects, and recreational and extracurricular activities. Such activities will be planned collaboratively with students, school staff, parent(s) or guardian(s), community members, and agencies.

Intervention

If the appearance or behavior of a student indicates the possible misuse of drugs and/or alcohol, staff members should notify the school administration immediately of their concern.

The administration should request the assistance of the school nurse in assessing the physical state of the student. The nurse would follow the existing procedure for handling medical problems. In the case of an acute reaction, the procedure for obtaining prompt care for the patient would be followed.

The administration would determine whether the behavior represents an isolated incident or is part of a behavior pattern. When, in the opinion of the administration, adequate information has been received to confirm the use of drugs and/or alcohol but the suspicion of use is believed to be well-founded, a conference will be arranged with the student and his/her parents to make them aware the school feels there may be a problem that warrants their attention.

Disciplinary Measures

Penalties

- I. First offense for a student possessing or being under the influence of alcohol or other substance on school grounds, at a school-sponsored activity or in a school district vehicle.
 - A. If the first offense occurs during the instructional day or at a school sponsored activity, the student's parent(s)/guardian(s) will be contacted and directed to remove their son/daughter from school or the activity for the balance of the day or that activity.
 - B. The student will be subject to five days out-of-school suspension The Superintendent may request or be requested to apply for a Superintendents Hearing if he/she feels that more than five days of suspension appear necessary due to his/her concern for the health and safety of that student or other students in the school. The Superintendent of Schools may recommend restricted instruction and/or placement in alternative instruction at any time.
 - C. The student will be immediately suspended from all school extracurricular activities for a period not exceeding seven calendar days.
 - D. Prior to a student returning to school, a parent/guardian student conference will be recommended with the Superintendent.
- II. Second offense for a student possessing or being under the influence of alcohol or other substance on school grounds, at a school-sponsored activity or in a school district vehicle.
 - A. If the second offense occurs during the instructional day or at a school-sponsored activity, the student's parent(s)/guardian(s) will be contacted and directed to remove their son/daughter from school or the activity for the balance of the day or that activity.
 - B. The student will subject to five days out of school suspension as well as a Superintendents Hearing the Superintendent may recommend restricted instruction and/or placement in alternative instruction at any time.
 - C. The student will be immediately suspended from all school extracurricular activities for a period not exceeding 30 calendar days. A student may be readmitted, at the discretion of the Superintendent, as a member of an extracurricular activity prior to the completion of his/her extracurricular activity suspension. However, the student will be suspended from such

- extracurricular activity for a minimum of two weeks prior to such reinstatement.
- D. Prior to a student returning to school, a parent/guardian student conference will be recommended with the Superintendent.
- III. Third and subsequent offense for a student possessing or being under the influence of alcohol or other substance on school grounds, at a school sponsored activity or in a school district vehicle
 - A. If a third or subsequent offense occurs during the instructional day or at a school-sponsored activity, the student's parent(s)/guardian(s) will be contacted and directed to remove their son/daughter from the school or activity for the balance of the day.
 - B. The student will be subject to an out-of-school suspension for a period not exceeding five days. The Superintendent may request to apply for a Superintendents Hearing if he/she feels that more than five days of suspension appear necessary due to his/her concern for the health and safety of that student or other students in the school. The Superintendent may recommend restricted instruction and/or placement in alternative instruction at any time.
 - C. The student will be immediately suspended from all school extracurricular activities for a period not exceeding 60 calendar days. A student may be readmitted, at the discretion of the Superintendent, as a member of an extracurricular activity prior to the completion of his/her extracurricular activity suspension. However, the student will be suspended from such extracurricular activity for a minimum of four weeks.
 - D. Prior to a student returning to school, a parent/guardian student conference will be recommended with the Superintendent.
- IV. Sale/Distribution of Alcohol or Other Substances

As defined in Section 220 of the New York State Penal Law, Sale is defined as to sell, exchange, give or dispense to another or the offer or to agree to do the same. Possession or sale of drugs and/or alcohol will not be tolerated in school, on school grounds or vehicles, or at school activities.

A student found to be violating this policy will be referred to the administration immediately. The administration will:

- 1. Investigate the situation to the fullest extent possible, including maintaining a summary of the discussion and findings
- 2. Notify the students' parents and law enforcement agencies.
- 3. Suspend the student in accordance with Education Law Section 3214.
- 4. Consider further necessary steps to be taken before the student is readmitted to school.
- V. Use of Alcohol or Other Substances Off School Grounds If it is suspected or known by school personnel that a student is using or selling drugs and/or alcohol away from school premises, this information should be reported to the administration.

The administration will then:

- 1. Evaluate the information to determine whether or not a member of the school staff should talk with the student and whether or not law enforcement authorities and the students' parents should be notified.
- 2. If further action is deemed necessary, arrangements will be made for a parent conference. At that time other referrals may be considered.
- VI. Student who self-refers to school faculty or parent *tor* assistance in dealing with their alcohol or other substance use/abuse.

If a student reveals to school personnel that s/he has been or is involved in the personal abuse of drugs, a sincere effort should be made to maintain the student trust regarding the confidentiality of his/her communication with the staff member and the actions by the staff member be of a non threatening nature.

All action should be predicated on helping the student and be with his/her consent and knowledge. It is imperative, however, that with the students' knowledge the parent be involved at the earliest feasible opportunity.

When a student reveals to a staff member that s/he is or has been involved with drugs and/or alcohol, it is the responsibility of the staff member to assist the student as follows:

- 1. Try to determine the extent of the students drug and/or alcohol use.
- 2. Encourage the student to seek direct consultation with a staff member knowledgeable is the area of drug and/or alcohol education. The purpose of the consultation is to assist the student and not to punish him/her.
- 3. If an internal consultation is not possible, encourage the student to consult with an agency or person outside of school for expert assistance. A listing of appropriate resources will be made available.
- 4. Parents are to be involved with the students' knowledge at the earliest possible opportunity. This can be done by:
 - a. Direct communication between the student and his/her parents.
 - b. Direct communication between the staff member and the parents.
 - c. A conference including the parents, staff member, and the student

Staff Development

- 1. The Board recognizes that if the administrative, instructional, and non-instructional staff are to be responsible for understanding, implementing and modeling the district's policy and regulation on student Drug and Alcohol Abuse, they must be trained about the components of an effective alcohol and other substance prevention program. Staff training will be an ongoing process including the following:
- 2. For all staff: (a) an understanding of why individuals use and abuse alcohol and other substances, (b) their role in implementing this policy, including how to identify students who exhibit high risk behaviors or who are using/abusing

alcohol and other substances, and how to refer these students to the appropriate services established by this policy, (c) awareness of personal risk factors for alcohol and other substance use/abuse so that they may identify personal use/abuse problems and seek assistance, and (d) awareness of the special needs of students returning from treatment.

- 3. Additionally for teachers: the knowledge and skills necessary to implement the districts K-12 alcohol and other substance prevention curricula.
- 4. For intervention staff: appropriate staff training for those identified to carry out the intervention function to ensure that their assessment, individual, group, and family counseling and referral skills support the needs of high risk, using and abusing youth.
- 5. For prevention staff: appropriate staff training to ensure that they have the necessary knowledge and skills to support the application of prevention concepts through programming targeted at the school, home and community.
- 6. Newly hired staff will receive copies of the policy and training in the areas described in 1.

Implementation, Dissemination, and Monitoring

The Board directs the Superintendent to collaborate with district staff, parent(s) or guardian(s). students, community members, organizations and

agencies, including alcohol and other substance abuse service providers, in developing the specific programs and strategies necessary to implement Board policy.

Upon adoption, copies of Board policy and this regulation will be distributed to and reviewed with all district staff, students, and parent(s) or guardian(s) annually and will be disseminated to the community through its organizations.