



Monday	Tuesday	Wednesday	Thursday	Friday
4 BBQ Chicken on a Bun PB&J Fruits and Vegetables Milk	5 Pancakes Sausage PB&J Fruits and Vegetables Milk	6 Chicken Taco's PB&J Fruits and Vegetables Milk	7 Goulash PB&J Fruits and Vegetables Milk	8 Cheese Pizza Pepperoni Pizza PB&J Fruits and Vegetables Milk
11 Breaded Chicken Mashed Potatoes PB&J Fruits and Vegetables Milk	12 Sweet & Sour Pork Brown Rice PB&J Fruits and Vegetables Milk	13 Italian Chicken Brown Rice PB&J Fruits and Vegetables Milk	14 Grilled Cheese PB&J Fruits and Vegetables Milk	15 Calzones PB&J Fruits and Vegetables Milk
18 Martin Luther King Day No School	19 Chicken Parmesan Sandwich PB&J Fruits and Vegetables Milk	20 Swedish Meatballs w/ Egg Noodles PB&J Fruits and Vegetables Milk	21 Chicken Teriyaki Brown Rice PB&J Fruits and Vegetables Milk	22 Cheese Pizza Pepperoni Pizza PB&J Fruits and Vegetables Milk
25 Chicken Quesadilla PB&J Fruits and Vegetables Milk	26 Chicken Salad Wrap PB&J Fruits and Vegetables Milk	27 Sticky Chicken Brown Rice PB&J Fruits and Vegetables Milk	28 Barbecue Chicken Pasta Salad PB&J Fruits and Vegetables Milk	29 Calzones PB&J Fruits and Vegetables Milk

All students eat free meals
in our school!!

SLCS

Did you know?!
Your child can get 3 items
free even if they bring a
lunch from home!!!!